

Lower Meramec County Park

August 17, 2026

	BOTANICAL NAME (with genus pronunciation)	FAMILY [CC] = Coefficient of Conservatism	COMMON NAME ☼ = Flowering 🍄 = Fruiting 🌿 = Fern
☐	<i>Ampelopsis cordata</i> (am-pel-OP-sis)	Vitaceae [CC3]	Heartleaf Peppervine / Raccoon Grape 🍄
☐	<i>Apocynum cannabinum</i> (uh-POSS-i-num)	Apocynaceae [CC3]	Dogbane ☼ & 🍄
☐	<i>Arisaema dracontium</i> (ayr-eh-SEE-muh)	Araceae [CC6]	Green Dragon 🍄
☐	<i>Asimina triloba</i> (uh-SIM-in-uh)	Annonaceae [CC5]	Pawpaw 🍄
☐	<i>Asarum reflexum</i> (uh-SAYR-um)	Aristolochiaceae [CC6]	Wild Ginger
☐	<i>Baptisia lactea</i> (bap-TIZZ-ee-uh)	Fabaceae [CC6]	White Wild Indigo
☐	<i>Bidens frondosa</i> (BY-denz)	Asteraceae (Heliantheae tribe) [CC2]	Common Beggarticks
☐	<i>Blephilia hirsuta</i> (bleh-FILL-ee-uh)	Lamiaceae (Nepetoideae subfamily) [CC7]	Hairy Pagoda Plant / Wood Mint ☼
☐	<i>Boehmeria cylindrica</i> (bo-MEER-ee-uh)	Urticaceae [CC4]	False Nettle ☼
☐	<i>Campanula americana</i> (kam-PAN-yoo-luh)	Campanulaceae [CC4]	Tall Bellflower ☼
☐	<i>Campsis radicans</i> (KAMP-sis)	Bignoniaceae [CC3]	Trumpet Vine / Trumpet Creeper ☼
☐	<i>Carex grayi</i> (CARE-x)	Cyperaceae [CC7]	Gray's Sedge or Mace Sedge 🍄
☐	<i>Carex lupulina</i> (KAYR-ex)	Cyperaceae [CC6]	Hop Sedge 🍄
☐	<i>Carex squarrosa</i> (CARE-ex)	Cyperaceae [CC6]	Squarrosa Sedge 🍄
☐	<i>Carex tribuloides</i> (CARE-ex)	Cyperaceae [CC3]	Blunt Broom Sedge 🍄
☐	<i>Carya cordiformis</i> (KAYR-ee-uh)	Juglandaceae [CC5]	Bitternut Hickory 🍄
☐	<i>Carya illinoensis</i> (KAYR-ee-uh)	Juglandaceae [CC7]	Pecan Hickory
☐	<i>Celtis laevigata</i> (SELL-tiss)	Cannabaceae / Rosales [CC4]	Sugarberry
☐	<i>Cephalanthus occidentalis</i> (seff-uh-LANN-thus)	Rubiaceae [CC3]	Buttonbush ☼
☐	<i>Chamaecrista fasciculata</i> (kam-ee-KRISS-tuh)	Fabaceae (Caesalpinioideae subfam) [CC2]	Partridge Pea ☼
☐	<i>Clematis terniflora</i> (kleh-MATT-iss)	Ranunculaceae [introduced]	Sweet Autumn Clematis ☼
☐	<i>Commelina virginica</i> (kum-uh-LY-nuh)	Commelinaceae [CC5]	Virginia Dayflower (not yet)
☐	<i>Conoclinium coelestinum</i> (konn-o-KLINN-ee-um)	Asteraceae (Eupatorieae tribe) [CC3]	Blue Mistflower ☼
☐	<i>Cryptotaenia canadensis</i> (kripp-toe-TEE-nee-uh)	Apiaceae [CC2]	Honewort 🍄
☐	<i>Cuscuta spp.</i> (cuss-KOO-tuh)	Convolvulaceae	Dodder
☐	<i>Dasistoma macrophylla</i> (day-sis-STO-muh)	Orobanchaceae [CC5]	Mullein Foxglove ☼
☐	<i>Desmanthus illinoensis</i> (des-MAN-thus)	Fabaceae (Caesalpinioideae subfam) [CC3]	Illinois Bundleflower 🍄 (developing)
☐	<i>Desmodium paniculatum</i> (des-MO-dee-um)	Fabaceae (Faboideae subfamily) [CC3]	Narrowleaf Tick-Trefoil ☼ (buds)
☐	<i>Elymus virginicus</i> (ELL-uh-muss)	Poaceae (Pooideae subfamily) [CC5]	Virginia Wild Rye 🍄

☐	<i>Erigeron strigosus</i> (er-RIJ-er-on)	Asteraceae (Astereae tribe) [CC3]	Daisy Fleabane ☼
☐	<i>Euonymus fortunei</i> (yoo-ONN-i-mus)	Celastraceae [introduced]	Wintercreeper ☼
☐	<i>Eupatorium altissimum</i> (yoo-puh-TOR-ee-um)	Asteraceae (Asteroideae subfamily) [CC3]	Tall Boneset ☼ (buds)
☐	<i>Eupatorium serotinum</i> (yoo-puh-TOR-ee-um)	Asteraceae (Asteroideae subfamily) [CC1]	Late Boneset ☼ (buds)
☐	<i>Glechoma hederacea</i> (gleh-KOE-muh)	Lamiaceae [introduced]	Ground Ivy / Creeping Charlie
☐	<i>Gleditsia triacanthos</i> (gleh-DITT-see-uh)	Fabaceae [CC2]	Honey Locust 🌿
☐	<i>Hackelia virginiana</i> (hack-KEE-lee-uh)	Boraginaceae [CC3]	Stickseed 🌿 (developing)
☐	<i>Hexasepalum teres</i> (formerly <i>Diodia teres</i>) (hexa-SEPP-uh-lum)	Rubiaceae [CC2]	Rough Buttonweed ☼
☐	<i>Hibiscus lasiocarpus</i> (hy-BISS-kuss)	Malvaceae [CC5]	Hairy-Fruited Rose Mallow ☼ (buds)
☐	<i>Hypericum punctatum</i> (hy-PAYR-i-kum)	Hypericaceae [CC3]	Spotted St. John's Wort ☼ (buds)
☐	<i>Ilex decidua</i> (EYE-lex)	Aquifoliaceae [CC5]	Possumhaw / Deciduous Holly
☐	<i>Impatiens capensis</i> (im-PAY-shenz)	Balsaminaceae [CC3]	Orange Jewelweed ☼
☐	<i>Ipomoea pandurata</i> (I-po-MEE-uh)	Convolvulaceae [CC2]	Wild Sweet Potato ☼
☐	<i>Juncus tenuis</i> (JUNK-us)	Juncaceae [CC0]	Path Rush 🌿
☐	<i>Kummerowia striata</i> (kum-er-OW-ee-uh)	Fabaceae (Faboideae subfamily) [intro]	Japanese Clover (not yet)
☐	<i>Laportea canadensis</i> (luh-POR-tee-uh)	Urticaceae [CC4]	Wood Nettle ☼
☐	<i>Lespedeza cuneata</i> (less-peh-DEE-zuh)	Fabaceae (Faboideae subfamily) [intro]	Invasive Bush-Clover (not yet)
☐	<i>Lindernia dubia</i> (lin-DR-nee-uh)	Linderniaceae (Lamiales) [CC4]	False Pimpernel ☼
☐	<i>Lobelia cardinalis</i> (lo-BEE-lee-uh)	Campanulaceae [CC6]	Cardinal Flower ☼
☐	<i>Lobelia inflata</i> (lo-BEE-lee-uh)	Campanulaceae [CC3]	Indian Tobacco ☼
☐	<i>Maclura pomifera</i> (mack-KLOO-ruh)	Moraceae / Rosales [introduced]	Osage Orange
☐	<i>Mazus pumilus</i> (MAY-zus)	Mazaceae (Lamiales) [introduced]	Japanese Mazus ☼
☐	<i>Menispermum canadense</i> men-eh-SPERM-um	Menispermaceae [CC4]	Moonseed 🌿
☐	<i>Mimulus alatus</i> (MIMM-yoo-lus)	Phrymaceae [CC5]	Sharpwing Monkeyflower ☼
☐	<i>Morus alba</i> (MOHR-us)	Moraceae [introduced]	White Mulberry
☐	<i>Nekemias arborea</i> (neh-KEE-mee-us)	Vitaceae [CC7]	Peppervine ☼
☐	<i>Onoclea sensibilis</i> (o-NOCK-lee-uh)	Onocleaceae [CC6]	Sensitive Fern
☐	<i>Oxalis stricta</i> (oks-AL-iss)	Oxalidaceae [CC0]	Yellow Wood-Sorrel ☼
☐	<i>Parthenocissus quinquefolia</i> (parth-in-o-SISS-us)	Vitaceae [CC3]	Virginia Creeper
☐	<i>Penthorum sedoides</i> (pen-THOR-um)	Penthoraceae [CC3]	Ditch Stonecrop ☼
☐	<i>Persicaria longiseta</i> (pr-si-KAYR-ee-uh)	Polygonaceae [intro]	Long-Bristled Smartweed ☼
☐	<i>Persicaria punctata</i> (pr-si-KAYR-ee-uh)	Polygonaceae [CC3]	Dotted Smartweed ☼
☐	<i>Phalaris arundinaceae</i> (fuh-LAYR-iss)	Poaceae [intro]	Reed Canarygrass 🌿

☐	<i>Phyla lanceolata</i> (Lippia) (FY-luh)	Verbenaceae [CC3]	Frog Fruit ☼
☐	<i>Phytolacca americana</i> (fy-toh-LACK-uh)	Phytolaccaceae [CC2]	Pokeweed ☼
☐	<i>Pilea pumila</i> (PY-lee-uh)	Urticaceae [CC4]	Clearweed ☼ (buds)
☐	<i>Populus alba</i> (POP-yoo-lus)	Salicaceae [introduced]	White Poplar / Silver Poplar
☐	<i>Pyrrhopappus carolinianus</i> (py-ro-PAPP-us)	Asteraceae (Cichorieae tribe) [CC0]	Desert Chicory 🍄
☐	<i>Pyrus calleryana</i> (PY-rus)	Rosaceae [introduced]	Callery Pear 🍄
☐	<i>Quercus palustris</i> (KWERK-us)	Fagaceae [CC4]	Pin Oak
☐	<i>Ranunculus sardous</i> (ruh-NUN-kyoo-lus)	Ranunculaceae [introduced]	Hairy Buttercup ☼
☐	<i>Rudbeckia triloba</i> (rood-BECK-ee-uh)	Asteraceae (Heliantheae tribe) [CC3]	Brown-Eyed Susan ☼
☐	<i>Salix nigra</i> (SAY-licks)	Salicaceae [CC3]	Black Willow
☐	<i>Samolus parviflorus</i> (SAM-o-lus)	Primulaceae [CC5]	Brookweed ☼
☐	<i>Setaria faberi</i> (set-TAYR-ee-uh)	Poaceae (Panicoideae subfamily) [intro]	Giant Foxtail 🍄
☐	<i>Setaria pumila</i> (seh-TAYR-ee-uh)	Poaceae (Panicoideae subfamily) [intro]	Yellow Foxtail 🍄
☐	<i>Sida spinosa</i> (SY-duh)	Malvaceae [introduced]	Prickly Sida / Prickly Fanpetals / ☼
☐	<i>Smallanthus uvedalia</i> (small-ANN-thus)	Asteraceae (Millerieae tribe) [CC8]	Yellow Bearsfoot (not yet)
☐	<i>Smilax tamnoides</i> [<i>S.hispida</i>] (SMY-lax)	Smilacaceae (Liliaceae) [CC3]	Bristly Greenbrier 🍄
☐	<i>Solanum carolinense</i> (so-LAY-num)	Solanaceae [CC0]	Carolina Horsenettle / Evil Tomato ☼
☐	<i>Spermacoce glabra</i> (sperm-a-KOH-see)	Rubiaceae [CC5]	Smooth False Buttonweed ☼
☐	<i>Stachys tenuifolia</i> (STAY-kees)	Lamiaceae (Lamioideae subfamily) [CC4]	Smooth Hedge Nettle ☼
☐	<i>Teucrium canadense</i> (TOO-kree-um)	Lamiaceae (Ajugoideae subfamily) [CC2]	Germander ☼
☐	<i>Toxicodendron radicans</i> (TOCK-see-ko-DEN-dron)	Anacardiaceae [CC1]	Poison Ivy 🍄
☐	<i>Tripsacum dactyloides</i> (TRIP-seh-kum)	Poaceae (Panicoideae subfamily) [CC5]	Eastern Gamagrass ☼
☐	<i>Ulmus rubra</i> (UL-muss)	Ulmaceae [CC5]	Slippery Elm / Red Elm
☐	<i>Verbena urticifolia</i> (vr-BEE-nuh)	Verbenaceae [CC2]	White Verbena ☼
☐	<i>Vernonia baldwinii</i> (vr-NO-nee-uh)	Asteraceae (Vernonieae tribe) [CC2]	Western Ironweed ☼
☐	<i>Viola missouriensis</i> (vy-O-luh)	Violaceae [CC6]	Missouri Violet
☐	<i>Vitis aestivalis</i> (VY-tis)	Vitaceae [CC5]	Summer Grape 🍄
☐	<i>Vitis cinerea</i> (VY-tis)	Vitaceae [CC3]	Graybark Grape / Winter Grape 🍄
☐	<i>Vitis vulpina</i> (VY-tis)	Vitaceae [CC5]	Frost Grape 🍄
☐	<i>Wisteria frutescens</i> (wis-STEER-ee-uh)	Fabaceae (Faboideae subfamily) [CC4]	American Wisteria 🍄 (developing)

NOTES

Today's walk was quite special because Laura Yates (who is very knowledgeable about the botany here) took us to a wet part of the park that we've never been to before. We got to see plants that we otherwise would have never seen. It even has a spring!

FREE PHOTOS!

Kathy Bildner has again shared her always-excellent photos of today's walk – including some of interesting insects! You can find them on our Google Drive [HERE](#).

PARTICIPANTS:

There were 17 of us botanists who participated today. We are, in alphabetical order:

Rick Armstrong, Gisela & Larry Baner, Kathy Bildner, Steve Bizub, David Bogler, Jerry Castillon, Wayne Clark, Sally Fabbri, June Jeffries, Michael Laschober, John Oliver, David Steinmeyer, Kathy Thiele, Mark Tolcou, George Van Brunt, and Laura Yates