

Millstream Gardens

April 13, 2026

	BOTANICAL NAME (with genus pronunciation)	FAMILY [CC] = Coefficient of Conservatism	COMMON NAME ☼ = Flowering / 🍓 = Fruiting
<input type="checkbox"/>	<i>Aesculus pavia</i> (ESS-kyoo-luss)	Sapindaceae [CC7]	Red Buckeye ☼
<input type="checkbox"/>	<i>Andersonglossum virginianum</i> (an-dr-sun-GLOSS-um)	Boraginaceae (Boraginales) [CC6]	Wild Comfrey
<input type="checkbox"/>	<i>Antennaria parlinii</i> (an-tin-AYR-ee-uh)	Asteraceae (Gnaphalieae tribe) CC5	Parlin's Pussetoes ☼
<input type="checkbox"/>	<i>Apocynum cannabinum</i> (uh-POSS-i-num)	Apocynaceae (Gentianales) [CC3]	Dogbane
<input type="checkbox"/>	<i>Arisaema dracontium</i> (ayr-eh-SEE-muh)	Araceae [CC6]	Green Dragon
<input type="checkbox"/>	<i>Asarum reflexum</i> (uh-SAYR-um)	Aristolochiaceae [CC6]	Wild Ginger ☼
<input type="checkbox"/>	<i>Asclepias quadrifolia</i> (uh-SKLEE-pee-us)	Apocynaceae (Gentianales) [CC6]	Fourleaf Milkweed ☼
<input type="checkbox"/>	<i>Asplenium platyneuron</i> (uh-SPLEE-nee-um)	Aspleniaceae [CC4]	Ebony Spleenwort
<input type="checkbox"/>	<i>Berberis bealei</i> (BR-br-iss)	Berberidaceae [introduced]	Leatherleaf Mahonia
<input type="checkbox"/>	<i>Borodinia</i> [<i>Boechera</i>] <i>missouriensis</i> (bor-o-DINN-ee-uh)	Brassicaceae [CC5]	Missouri Rockcress ☼ & 🍓
<input type="checkbox"/>	<i>Botrypus virginianus</i> (bo-TRY-pus)	Ophioglossaceae [CC4]	Rattlesnake Fern
<input type="checkbox"/>	<i>Camassia scilloides</i> (kuh-MASS-ee-uh)	Asparagaceae [CC6]	Wild Hyacinth ☼
<input type="checkbox"/>	<i>Cardamine hirsuta</i> (kar-DAM-ih-nee)	Brassicaceae [introduced]	Hairy Bittercress ☼ & 🍓
<input type="checkbox"/>	<i>Cardamine pennsylvanica</i> (kar-DAM-ih-nee)	Brassicaceae [CC6]	Pennsylvania Bittercress ☼ & 🍓
<input type="checkbox"/>	<i>Carex albicans</i> (CARE-x)	Cyperaceae [CC6]	White-Tinged Sedge ☼
<input type="checkbox"/>	<i>Carex blanda</i> (CARE-ex)	Cyperaceae [CC2]	Woodland Sedge ☼
<input type="checkbox"/>	<i>Carex jamesii</i> (CARE-x)	Cyperaceae [CC4]	James' Sedge / Grass Sedge ☼
<input type="checkbox"/>	<i>Carex retroflexa</i> (CARE-ex)	Cyperaceae [CC4]	Reflexed Sedge ☼
<input type="checkbox"/>	<i>Carex rosea</i> (CARE-ex)	Cyperaceae [CC6]	Rosy Sedge ☼
<input type="checkbox"/>	<i>Celastrus orbiculatus</i> (sell-ASS-trus)	Celastraceae [introduced]	Oriental Bittersweet
<input type="checkbox"/>	<i>Claytonia virginica</i> (klay-TOE-nee-uh)	Montiaceae [CC3]	Spring Beauty ☼ & 🍓
<input type="checkbox"/>	<i>Corydalis flavula</i> (kor-RID-uh-liss)	Papaveraceae (Fumarioideae subfam) [CC3]	Pale Corydalis / Yellow Fumewort ☼ & 🍓
<input type="checkbox"/>	<i>Cunila origanoides</i> (KOO-nil-lah)	Lamiaceae [CC6]	Dittany
<input type="checkbox"/>	<i>Delphinium tricorne</i> (del-FINN-ee-um)	Ranunculaceae [CC6]	Dwarf Larkspur ☼ & 🍓
<input type="checkbox"/>	<i>Dichanthelium laxiflorum</i> (dy-kan-THEE-lee-um)	Poaceae [CC6]	Open-Flowered Panicgrass
<input type="checkbox"/>	<i>Dioscorea villosa</i> (dy-o-SKOR-ee-uh)	Dioscoreaceae (Dioscoreales / Monocots) [CC5]	Wild Yam
<input type="checkbox"/>	<i>Erigeron philadelphicus</i> (er-RIJ-er-on)	Asteraceae (Astereae tribe) [CC3]	Philadelphia Fleabane ☼ (bud)
<input type="checkbox"/>	<i>Euonymus americanus</i> (yoo-ONN-i-mus)	Celastraceae [CC10]	Strawberry Bush
<input type="checkbox"/>	<i>Frasera carolinianus</i> (FRAY-zr-uh)	Gentianaceae [CC7]	American Columbo ☼ (a couple of plants)

<input type="checkbox"/>	<i>Glandularia canadensis</i> (gland-yoo-LAYR-ee-uh)	Verbenaceae [CC5]	Rose Verbena ☼
<input type="checkbox"/>	<i>Heuchera richardsonii</i> (HYOO-kr-ah)	Saxifragaceae [CC6]	Prairie Alumroot
<input type="checkbox"/>	<i>Hypoxis hirsuta</i> (hy-POX-iss)	Hypoxidaceae (Ericales) [CC5]	Yellow Stargrass ☼
<input type="checkbox"/>	<i>Iris cristata</i> (EYE-riss)	Iridaceae [CC8]	Dwarf Crested Iris
<input type="checkbox"/>	<i>Krigia biflora</i> (KRIGG-ee-uh)	Asteraceae (Cichorieae tribe) [CC5]	Two-Flowered Dwarf-Dandelion ☼
<input type="checkbox"/>	<i>Krigia virginica</i> (KRIGG-ee-uh)	Asteraceae (Cichorieae tribe) [CC3]	Virginia Dwarf-Dandelion ☼
<input type="checkbox"/>	<i>Lactuca hirsuta</i> (lack-TOO-kuh)	Asteraceae (Cichorieae tribe) [CC4]	Hairy Lettuce
<input type="checkbox"/>	<i>Lathyrus latifolius</i> (LATH-r-us)	Fabaceae [introduced]	Everlasting Pea ☼
<input type="checkbox"/>	<i>Lepidium campestre</i> (leh-PIDD-ee-um)	Brassicaceae [introduced]	Field Pepperweed ☼
<input type="checkbox"/>	<i>Luzula multiflora</i> (luh-ZOO-luh)	Juncaceae [CC4]	Common Woodrush ☼
<input type="checkbox"/>	<i>Micranthes virginiana</i> (my-KRAN-theez)	Saxifragaceae [CC7]	Early Saxifrage ☼
<input type="checkbox"/>	<i>Mirabilis nyctaginia</i> (mr-ABB-eh-liss)	Nyctaginaceae (Caryophyllales) [CC0]	Wild Four O'Clock
<input type="checkbox"/>	<i>Monarda bradburiana</i> (mo-NARR-duh)	Lamiaceae [CC5]	Bradbury's Beebalm
<input type="checkbox"/>	<i>Myriopteris lanosa</i> (meer-ee-OPP-tr-riss)	Pteridaceae [CC7]	Hairy Lipfern
<input type="checkbox"/>	<i>Nabalus crepidineus</i> (NAB-uh-luss)	Asteraceae (Cichorieae tribe) [CC9]	Great White Lettuce / Nodding Rattlesnake Root
<input type="checkbox"/>	<i>Nothoscordum bivalve</i> (no-tho-SKOR-dum)	Amariidaceae [CC4]	False Garlic ☼
<input type="checkbox"/>	<i>Osmorhiza longistylis</i> (oz-mo-RY-zuh)	Apiaceae [CC3]	Longstyle Sweet-Cicely ☼
<input type="checkbox"/>	<i>Oxalis violacea</i> (oks-AL-iss)	Oxalidaceae CC5	Violet Wood-Sorrel ☼
<input type="checkbox"/>	<i>Penstemon pallidus</i> (PENN-steh-mun)	Plantaginaceae [CC5]	Pale Beardtongue
<input type="checkbox"/>	<i>Phacelia hirsuta</i> (fuh-SEE-lee-uh)	Boraginaceae (Boraginales) [CC4]	Fuzzy Phacelia ☼
<input type="checkbox"/>	<i>Phacelia purshii</i> (fuh-SEE-lee-uh)	Boraginaceae (Boraginales) [CC4]	Miami Mist ☼
<input type="checkbox"/>	<i>Phlox bifida</i> (FLOCKS)	Polemoniaceae [CC8]	Cleft Phlox, Sand Phlox ☼
<input type="checkbox"/>	<i>Phlox divaricata</i> (FLOCKS)	Polemoniaceae [CC4]	Woodland Phlox ☼
<input type="checkbox"/>	<i>Phlox pilosa</i> (FLOCKS)	Polemoniaceae [CC6]	Downy Phlox ☼
<input type="checkbox"/>	<i>Podophyllum peltatum</i> (po-do-FILL-um)	Berberidaceae [CC4]	Mayapple ☼
<input type="checkbox"/>	<i>Ranunculus harveyi</i> (ruh-NUN-kyoo-lus)	Ranunculaceae [CC7]	Harvey's Buttercup ☼
<input type="checkbox"/>	<i>Rhus aromatica</i> (ROOS)	Anacardiaceae (Sapindales) [CC4]	Fragrant Sumac
<input type="checkbox"/>	<i>Salvia lyrata</i> (SAL-vee-uh)	Lamiaceae [CC3]	Lyreleaf Sage ☼
<input type="checkbox"/>	<i>Sanicula canadensis</i> (suh-NICK-yoo-luh)	Apiaceae [CC3]	Black Snakeroot
<input type="checkbox"/>	<i>Securigera varia</i> (see-kr-RIJJ-er-uh)	Fabaceae [introduced]	Crown Vetch
<input type="checkbox"/>	<i>Sedum ternatum</i> (SEE-dum)	Crassulaceae [CC6]	Woodland Stonecrop ☼
<input type="checkbox"/>	<i>Sherardia arvensis</i> (shr-ARR-dee-uh)	Rubiaceae [introduced]	Field Madder
<input type="checkbox"/>	<i>Silene virginica</i> (sy-LEE-nee)	Caryophyllaceae [CC7]	Fire Pink ☼

<input type="checkbox"/>	<i>Sisyrinchium campestre</i> (siss-sir-RINK-ee-um)	Iridaceae (Asparagales) [CC5]	Prairie Blue-Eyed Grass ☼
<input type="checkbox"/>	<i>Smilax bona-nox</i> (SMY-lax)	Smilacaceae (Liliales) (Liliaceae) [CC3]	Saw Greenbriar
<input type="checkbox"/>	<i>Staphylea trifolia</i> (staff-ill-LEE-uh)	Staphyleaceae (Crossosomatales) [CC5]	American Bladdernut ☼
<input type="checkbox"/>	<i>Thalictrum thalictroides</i> (thuh-LICK-trum)	Ranunculaceae [CC5]	Rue Anemone ☼
<input type="checkbox"/>	<i>Thaspium trifoliatum</i> (THASS-pee-um)	Apiaceae [CC6]	Yellow Meadowparsnip
<input type="checkbox"/>	<i>Tradescantia longipes</i> (trad-eh-SKANT-ee-uh / LONN-jip-pee-z)	Commelinaceae [CC8]	Wild Crocus / Dwarf Spiderwort ☼
<input type="checkbox"/>	<i>Trillium luteum</i> (TRILL-ee-um)	Melanthiaceae [planted]	Yellow Trillium ☼
<input type="checkbox"/>	<i>Trillium recurvatum</i> (TRILL-ee-um)	Melanthiaceae [CC6]	Prairie Trillium ☼
<input type="checkbox"/>	<i>Uvularia grandiflora</i> (yoo-vyoo-LAYR-ee-uh)	Colchicaceae [CC6]	Largeflower Bellwort ☼
<input type="checkbox"/>	<i>Uvularia sessilifolia</i> (yoo-vyoo-LAYR-ee-uh)	Colchicaceae [CC8]	Small Bellwort ☼
<input type="checkbox"/>	<i>Vaccinium arboreum</i> (vack-SINN-ee-um)	Ericaceae [CC6]	Farkleberry
<input type="checkbox"/>	<i>Verbesina virginica</i> (vr-beh-SEE-nuh)	Asteraceae (Heliantheae tribe) [CC5]	White Wingstem / Frostweed
<input type="checkbox"/>	<i>Vicia caroliniana</i> (VISH-uh)	Fabaceae [CC6]	Wood Vetch
<input type="checkbox"/>	<i>Viola palmata</i> (vy-O-luh)	Violaceae [CC5]	Tri-Lobed Violet ☼
<input type="checkbox"/>	<i>Viola pedata</i> (vy-O-luh)	Violaceae [CC5]	Birdsfoot Violet ☼ (both hens and roosters)
<input type="checkbox"/>	<i>Wisteria sinensis</i> (wis-STEER-ee-uh)	Fabaceae (Faboideae subfamily) [introduced]	Chinese Wisteria ☼
<input type="checkbox"/>	<i>Woodsia obtusa</i> (WOOD-see-uh)	Woodsiaceae [CC5]	Bluntlobe Cliff Fern ☼
<input type="checkbox"/>	<i>Zizia aurea</i> (ZIZZ-ee-uh)	Apiaceae [CC5]	Golden Alexanders ☼

NOTES

WHERE WE WALKED: We didn't meet at the paved "Tiemann Shut-Ins Trail" (except for those of us who didn't read the directions). Instead we met at the Pavilion down near the water. That's where Elmer and Rete Tiemann once had their home. What a view they had of the St. Francis River! Their house is long gone. All that's left now are the remains of the twisted tree they had planted. "Twisted" doesn't quite describe it. It's more of a loop-de-loop tree. It served as a comical introduction to the rather funny trail we were about to begin.

OVERVIEW:

Our botanizing today was like a fun Mystery Box. You put your hand in and hard telling what you're going to pull out. Weeks ago John mentioned that this iconic trail had become overrun with invasives. But we came here anyway in hopes that prescribed burns and enlightened land management had cleared out the wintercreeper. Nope. It was still here. But fortunately we found plenty of other goodies to make up for it. As St. Louisans, we found many native plants that were familiar to us – yet we found other native plants that seemed a bit out-of-character. Then there were still other plants whose presence couldn't possibly be explained unless somebody had purposely planted them many decades ago. Botanizing here was like putting together a jigsaw puzzle – but the puzzle pieces all came from different boxes!

It was a very pleasant walk. The granite boulders down in the St. Francis River below were memorable. The weather was beautiful. And with the jumble of plants we had to make sense of, we learned lots of new things. Thanks not only to John for bringing us here, but also to Alan Brant whose knowledge of the local plants helped us put this great jigsaw puzzle together.

Kathy Bildner has kindly uploaded many of the photos she took. You can find them on our Google Drive ([HERE](#))

PARTICIPANTS:

There were 14 of us botanists walking today, who are (in alphabetical order):

Brenda Adams, Prem Barton, Renee Benage, Steve Bizub, Alan Brant, Jerry Castillon, Wayne Clark, Sally Fabbri, June Jeffries, Michael Laschober, Burt Noll, John Oliver, David Steinmeyer, and Laura Yates.