

Babler S.P. (Paved / Woodbine Loop)

August 4, 2025

	BOTANICAL NAME (with genus pronunciation)	FAMILY [CC] = Coefficient of Conservatism	COMMON NAME ☼ = Flowering / 🌱 = Fruiting
☐	<i>Acalypha virginica</i> (ack-uh-LY-fuh)	Euphorbiaceae [CC2]	Virginia Mercury / Copperleaf ☼
☐	<i>Actaea pachypoda</i> (ak-TEE-uh)	Ranunculaceae [CC8]	Doll's Eyes / White Baneberry 🌱
☐	<i>Adiantum pedatum</i> (ay-dee-ANT-um)	Pteridaceae [CC6]	Northern Maidenhair Fern
☐	<i>Ageratina altissima</i> (AJ-jr-uh-TY-nuh)	Asteraceae (Eupatorieae tribe) [CC2]	White Snakeroot ☼
☐	<i>Agrimonia pubescens</i> (ag-grim-MO-nee-uh)	Rosaceae [CC4]	Downy Agrimony ☼ & 🌱
☐	<i>Amphicarpaea bracteata</i> (am-fi-CAR-pee-uh)	Fabaceae (Faboideae subfamily) [CC4]	Hog Peanut
☐	<i>Andersonglossum virginianum</i> (an-dr-sun-GLOSS-um)	Boraginaceae [CC6]	Wild Comfrey 🌱
☐	<i>Aplectrum hyemale</i> (ay-PLECK-trum)	Orchidaceae [CC8]	Adam and Eve Orchid / Putty Root Orchid 🌱
☐	<i>Arisaema triphyllum</i> (ayr-eh-SEE-muh)	Araceae [CC6]	Jack-in-the-Pulpit
☐	<i>Arnoglossum atriplicifolium</i> (awr-no-GLOSS-um)	Asteraceae (Senecioneae tribe) [CC4]	Pale Indian Plantain ☼
☐	<i>Arnoglossum reniforme</i> (awr-no-GLOSS-um)	Asteraceae (Senecioneae tribe) [CC8]	Great Indian Plantain ☼
☐	<i>Blephilia hirsuta</i> (bleh-FILL-ee-uh)	Lamiaceae (Nepetoideae subfamily) [CC7]	Hairy Pagoda Plant / Wood Mint 🌱
☐	<i>Brachyelytrum erectum</i> (brack-ee-ell-LY-trum)	Poaceae [CC5]	Long-Awned Woodgrass 🌱
☐	<i>Campanulastrum</i> [Campanula] <i>americanum</i> (kam-PAN-yoo-luh)	Campanulaceae [CC4]	Tall Bellflower ☼
☐	<i>Celastrus orbiculatus</i> (sell-ASS-trus)	Celastraceae [introduced]	Oriental Bittersweet
☐	<i>Circaea canadensis</i> (SR-see-uh)	Onagraceae [CC2]	Enchanter's Nightshade 🌱
☐	<i>Cirsium altissimum</i> (SR-see-um)	Asteraceae (Cardueae tribe) [CC4]	Tall Thistle
☐	<i>Cirsium discolor</i> (SR-see-um)	Asteraceae (Cardueae tribe) [CC3]	Field Thistle
☐	<i>Cryptotaenia canadensis</i> (kripp-toe-TEE-nee-uh)	Apiaceae [CC2]	Honewort 🌱
☐	<i>Cunila origanoides</i> (KOO-nil-lah)	Lamiaceae [CC6]	Dittany ☼ (buds)
☐	<i>Desmodium paniculatum</i> (dez-MO-dee-um)	Fabaceae (Faboideae subfamily) [CC3]	Narrowleaf Tick-Trefoil
☐	<i>Elephantopus carolinianus</i> (el-eh-fan-TOE-pus)	Asteraceae (Vernonieae tribe) [CC3]	Elephant's Foot
☐	<i>Fraxinus pennsylvanica</i> (FRAX-i-nuss)	Oleaceae [CC2]	Green Ash
☐	<i>Fraxinus smallii</i> (FRACK-sin-us)	Oleaceae [CC3]	Sullivan's Ash [yes! our own Father Sullivan!] (a type of White Ash with, among other differences, brown buds instead of the typical black ones)
☐	<i>Galium circaeans</i> (GAY-lee-um / sr-KAY-zanz)	Rubiaceae [CC4]	Licorice Bedstraw
☐	<i>Galium concinnum</i> (GAY-lee-um)	Rubiaceae [CC4]	Shining Bedstraw
☐	<i>Geranium maculatum</i> (jr-RAY-nee-um)	Geraniaceae [CC5]	Wild Geranium
☐	<i>Geum canadense</i> (JEE-um)	Rosaceae [CC2]	White Avens ☼ & 🌱

☐	<i>Hackelia virginiana</i> (hack-KEE-lee-uh)	Boraginaceae [CC3]	Stickseed ☼ & 🌿
☐	<i>Hydrastis canadensis</i> (hy-DRASS-tiss)	Ranunculaceae [CC6]	Goldenseal
☐	<i>Hylodesmum glutinosum</i> (hy-lo-DEZZ-mum)	Fabaceae (Faboideae subfamily) [CC3]	Pointed-Leaf Tick Trefoil ☼ & 🌿
☐	<i>Hylodesmum nudiflorum</i> (hy-lo-DEZZ-mum)	Fabaceae (Faboideae subfamily) [CC4]	Naked-Flower Tick Trefoil ☼ & 🌿
☐	<i>Hylodesmum pauciflorum</i> (hy-lo-DEZZ-mum)	Fabaceae (Faboideae subfamily) [CC8]	Few-Flower Tick Trefoil ☼
☐	<i>Hypericum punctatum</i> (hy-PAYR-i-kum)	Hypericaceae [CC3]	Spotted St. John's Wort ☼
☐	<i>Impatiens capensis</i> (im-PAY-shenz)	Balsaminaceae [CC3]	Orange Jewelweed ☼
☐	<i>Juncus tenuis</i> (JUNK-us)	Juncaceae [CC0]	Path Rush 🌿
☐	<i>Kummerowia stipulacea</i> (kum-er-OW-ee-uh)	Fabaceae (Faboideae subfamily) [introduced]	Korean Clover
☐	<i>Laportea canadensis</i> (luh-POR-tee-uh)	Urticaceae [CC4]	Wood Nettle ☼
☐	<i>Leucobryum glaucum</i> (loo-ko-BRY-um)	Leucobryaceae []	Pincushion Moss
☐	<i>Lindera benzoin</i> (lin-DEER-uh)	Lauraceae [CC5]	Spicebush 🌿
☐	<i>Liquidambar styraciflua</i> (liquid-AM-bar)	Altingiaceae [CC6]	Sweetgum
☐	<i>Lobelia inflata</i> (lo-BEE-lee-uh)	Campanulaceae [CC3]	Indian Tobacco ☼ & 🌿
☐	<i>Maianthemum racemosum</i> (my-ANN-the-mum)	Asparagaceae [CC4]	Solomon's Plume 🌿
☐	<i>Monarda bradburiana</i> (mo-NARR-duh)	Lamiaceae [CC5]	Bradbury's Beebalm 🌿
☐	<i>Nabalus altissimus</i> (NAB-uh-luss)	Asteraceae (Cichorieae tribe) [CC5]	Tall White Lettuce
☐	<i>Perilla frutescens</i> (pr-ILL-uh)	Lamiaceae (Nepetoideae subfamily) [introduced]	Perilla
☐	<i>Persicaria longiseta</i> (pr-seh-KAYR-ee-uh)	Polygonaceae [introduced]	Long-Bristled Smartweed ☼
☐	<i>Persicaria virginiana</i> (pr-seh-KAYR-ee-uh)	Polygonaceae [CC1]	Jumpseed / Virginia Knotweed ☼
☐	<i>Phryma leptostachya</i> (FRY-muh)	Phrymaceae [CC2]	Lopseed 🌿
☐	<i>Pilea pumila</i> (PY-lee-uh)	Urticaceae [CC4]	Clearweed
☐	<i>Plantago rugelii</i> (plan-TAY-go)	Plantaginaceae [CC0]	Rugel's Plantain 🌿
☐	<i>Podophyllum peltatum</i> (po-do-FILL-um)	Berberidaceae [CC4]	Mayapple
☐	<i>Polystichum acrostichoides</i> (po-LISS-tick-um)	Dryopteridaceae (Polypodiales) [CC5]	Christmas Fern
☐	<i>Prunella vulgaris</i> (pru-NELL-uh)	Lamiaceae (Nepetoideae subfamily) [CC1]	Self-Heal ☼
☐	<i>Quercus alba</i> (KWERK-us)	Fagaceae [CC4]	White Oak
☐	<i>Ribes cynosbati</i> (RY-beez)	Grossulariaceae (Saxifragales) [CC5]	Prickly Gooseberry
☐	<i>Rubus occidentalis</i> (ROO-bus)	Rosaceae [CC3]	Black Raspberry
☐	<i>Rudbeckia triloba</i> (rood-BECK-ee-uh)	Asteraceae (Heliantheae tribe) [CC3]	Brown-Eyed Susan ☼
☐	<i>Sagittaria brevirostra</i> (sa-jit-TAYR-ee-uh)	Alismataceae [CC5]	Shortbeak Arrowhead
☐	<i>Sanicula canadensis</i> (suh-NICK-yoo-luh)	Apiaceae [CC3]	Black Snakeroot 🌿
☐	<i>Sanicula odorata</i> (suh-NICK-yoo-luh)	Apiaceae [CC2]	Clustered Black Snakeroot 🌿

☐	<i>Scutellaria ovata</i> (skoo-teh-LAYR-ee-uh)	Lamiaceae [CC5]	Heartleaf Skullcap 🍄
☐	<i>Triphora trianthophoros</i> (try-FOR-uh)	Orchidaceae [CC9]	Three Birds Orchid 🍄
☐	<i>Uyularia grandiflora</i> (yoo-vyoo-LAYR-ee-uh)	Colchicaceae [CC6]	Largeflower Bellwort
☐	<i>Verbena urticifolia</i> (vr-BEE-nuh)	Verbenaceae [CC2]	White Verbena 🍄
☐	<i>Verbesina alternifolia</i> (vr-beh-SEE-nuh)	Asteraceae (Heliantheae tribe) [CC4]	Yellow Wingstem
☐	<i>Viola palmata</i> (vy-O-luh)	Violaceae [CC5]	Tri-Lobed Violet
☐	<i>Vitis vulpina</i> (VY-tis)	Vitaceae [CC5]	Frost Grape

NOTES

WHERE WE WALKED: We met at the Visitor's Center parking lot and caravanned to the large Woodbine Trail parking lot, where we began our walk at its southeast corner.

SHORT OBSERVATIONS:

- As was our goal, we found the elusive Three-Birds Orchid (*Triphora trianthophoros*). As usual, Kathy Bildner was the first to find it. But soon afterwards Gisela found another one, and before long almost everybody had found their own! John joked that he was tired of looking at all the weedy things.
- It was heartwarming to find a Father Sullivan's Ash Tree. Our friend had passed away earlier this summer. Our group would not even exist were it not for his dedication over the years. Coincidentally, he was with us last October when we walked this trail. Afterwards he drove his car over a raised curb (who hasn't done that?) but it caused such damage to his Prius that it had to be towed away. Oh, the countless memories he has given us!
- We have 3 *Hylodesmum* species in the St. Louis area, and we found all three! If this were a card game, we would have won for sure. Alex was the first to find one – the uncommon *Hylodesmum pauciflorum* (Fewflower Ticktrefoil). John found the remaining two (*Hylodesmum glutinosum* and *Hylodesmum nudiflorum*).
- Kathy Bildner and Ted MacRae have shared some of their photos with us on our Google Drive [HERE](#). There you'll also find Ted's notes about the plants we found (much better than what you're reading now), plus a photo of those who went to the French Creperie afterwards for lunch!

PARTICIPANTS:

There were 22 of us botanists today, who are (in alphabetical order):

Brenda Adams, Gisela Baner, Prem Barton, Renee Benage, Kathy Bildner, Wayne Clark, Christine Ellis, Ann Esswein, Karen Gabbert, Tom Hardy, June Jeffries, Michael Laschober, Alex Long, Sharon Lu, Ted MacRae, Len Meier, Tayebbeh Moayedzadeh, Burt Noll, John Oliver, David Steinmeyer, Kathy Thiele, and Laura Yates.